

# Busting Myths – Lesson 1 Workbook

## I Must Be Perfect Before I Come to Church

### Mirror-Mirror

Get into groups of four or five and discuss your answers to the following questions:

1. As you walked into the room earlier, who did you see when you looked into the mirror?

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2. What do you feel others see when they look at you?

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### WHAT SIN DOES TO US

#### Ephesians 2:1-3

1. There are four characteristics of the work of sin listed in these verses. What are they?

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|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

2. Have you ever felt like any of these characteristics of sin? How/Why?

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3. What does it mean to be "dead" in your transgressions?

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4. Why is it so hard to struggle with sin in this culture?

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5. Think about a time when you were "disobedient" towards a parent, God, or another person of authority. How did it make you feel? Why do you think you chose to do what you did at the time?

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6. What does having a "sinful nature" mean to you?

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7. What does it mean to be an "object of wrath"?

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**Colossians 3:5**

1. What is Paul calling Christians with these characteristics of sin to do?

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2. Why should we kill sin instantly? What makes this process so hard to do?

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3. Have you ever felt like you had to be a perfect, perhaps even a sinless, person before you came to church? Why or why not?

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**WHAT GOD DOES FOR US, IN US, AND THROUGH US**

**Ephesians 2:4-9**

1. What did God do for us?

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2. Why did God send His Son, Jesus, to save us?

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3. Salvation is described as a "Gift from God" in verse 8. What does this really mean?

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### **Workbook Activity**

#### **Works cannot save us**

Look up the following verses, and list the different kinds of works that cannot save us.

**Galatians 2:16, 3:11**

Works of \_\_\_\_\_ cannot save us.

**Galatians 5:19-21**

Works of \_\_\_\_\_ cannot save us.

**Romans 13:12, Ephesians 5:11**

Works of \_\_\_\_\_ cannot save us.

**Hebrews 6:1, Romans 6:23**

Works of \_\_\_\_\_ cannot save us.

**Titus 3:5, Isaiah 64:6**

Works of \_\_\_\_\_ cannot save us.

#### **Ephesians 2:10**

1. Do you ever feel like a "masterpiece" or work of art? Why or why not?

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2. What do you feel God's purpose is in you?

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3. How is God working through us according to Paul?

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4. Is Paul saying in verse 10 that we are saved by doing good works? Why or why not?

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### **Workbook Activity**

Think back about the hammer and chisel illustration. Take a moment now, and list three areas in your life that you know need to be chiseled away.

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

*"Christianity isn't about making bad people good--It's about bringing dead people ALIVE!" - Anonymous*

### **Homework**

- Memorize Ephesians 2:10
- Choose at least one of the three areas in your life from above, and commit your decision to God.
- Find another person who may be thinking they must be perfect before attending church, and share with them what you learned from this lesson.